

Terms to know:

Gender identity (vs sexual orientation): Gender identity refers to the internal felt experience of gender. It does not only represent our body parts, hormones, or how others refer to us, although these things can influence our gender identity. ALL people have a gender identity. It is a personal identity. Sexuality on the other hand, is a relational identity and refers to the people we are attracted to. Transgender and non-binary people may have a spectrum of sexual orientations, just as cisgender people do.

Gender expression: The attitudes, preferences, roles, and outer expression of one's gender identity. ALL people express their gender, including cisgender people. Expression does not MAKE a gender (ie, just because someone prefers wearing dresses, caregiving, and wearing makeup does not mean that they identify as female). Expressions can shift over time, in different situations, or in different relationships.

Transgender: A person whose gender identity is different from what they were assigned at birth. Generally, people feel an incongruence between their felt sense of identity and their body/how they are treated by others. Adjective, not a noun. Used to describe a noun, "transgender male", "transgender care," "transgender people." "The transgenders" or "he is a transgender" are not generally appropriate.

Trans-feminine/trans-masculine: refers to the identity the person is NOW, not their birth gender (ie, Transgender female means they identify as a female now.) Trans-masculine/feminine help describe what side of a binary gender line one falls into. Non-binary people can also identify as trans-feminine or trans-masculine.

Cisgender: A person whose gender identity is the same as what they were assigned at birth. Most of the population would identify as cisgender (if they knew the word!).

Non-Binary/Gender Fluid: A person whose gender identity does not fit into a gender stereotype (male or female). They may have identities that fluctuate or move given situation, relationship, or period of time, or may remain constant over time. Non-binary/gender fluid people are not "confused" or just waiting to transition into a more binary identity. Non-binary people have existed for millennia, and are more often accepted and recognized in indigenous cultures.

Misgendering: When an observer reads physical cues of a person and makes an assumption about their internal felt gender identity. Cues include effects of testosterone: squarer jawline, narrower hips, more defined muscles, Adam's apple, receding hair line, lower voice. Effects of estrogen: curvier bodies, breasts, softer muscles, higher voices, softer facial lines, shorter stature. **Physical cues do NOT accurately indicate an internal gender identity, the only way to know is to ask and listen.**

The UNITED STATES DRAGON BOAT FEDERATION (USDBF) is the national organizing body, recognized by the INTERNATIONAL DRAGON BOAT FEDERATION (IDBF), for the sport of dragon boat racing in the United States. The USDBF Board of Directors has adopted this Code of Conduct (the “Code”) for the purpose of protecting the integrity and reputation of the sport and its participants. The Code applies to all persons and organizations associated with the USDBF and its activities, including coaches, athletes, officials, volunteers, directors, officers, and administrators (hereinafter referred to as a “Party” or “Parties”). Individual regions and their member organizations (i.e., clubs and festivals) may also adopt this policy at their discretion

2. Harassment and Discrimination The USDBF strictly prohibits and will not tolerate harassment or discrimination against any Party on the basis of race, color, religion, creed, national origin, ancestry, sex, gender, gender identity, sexual orientation, age, or disability. Harassment and other forms of discrimination are prohibited at all USDBF-related events, including but not limited to practices, competitions and festivals, regardless of whether such conduct is illegal under local law in the jurisdiction in which the conduct occurs.

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GAISF – Global Association of International Sport Federations

(formally known as SportAccord)

Article 3. Non-discrimination, representation of women

3.1 GAISF rejects all forms and means of discrimination against individuals, groups of people, organisations or countries on grounds of ethnic origin, gender, language, religion, politics and on any other grounds.

Comp Reg. 2. RACING AND COMPETITION CLASSES and CHAMPIONSHIP DIVISIONS.
CR 2.1 Racing Classes. For all IDBF Championships or sanctioned competitions, races may be organised for the following Racing Classes, based on age and gender.

CR 2.1.1 Open Class - the primary class of racing. There are no restrictions on crew composition, or age, except that competitors under 12 years old must be accompanied, in the boat, by a parent or nominated responsible adult and must wear a personal flotation device (aid). (See also Regulation 7.9.).

CR 2.1.2 Women's Class - In the Women's Racing Class crews must be all female and of any age, except for those under 12 years old to whom Reg 2.1.1. applies. In the BCS Division, Crews may race with Male BCS crew members. (Aug 10)

CR 2.1.3 Mixed Class - crews must contain a minimum of eight (8) and a maximum of ten (10) of each gender. There are no restrictions on age, except for the 12 years old rule shown in Reg 2.1.1. For Small Boat Races this shall be 4 to 6 of either gender.

Other guiding information:

NCAA: A male-to-female transgender woman may be small and slight, even if she is not on hormone blockers or taking estrogen. ... The assumption that all male-bodied people are taller, stronger, and more highly skilled in a sport than all female-bodied people is not accurate." (NCAA, 2011, p. 7). Moreover, other forms of "natural" potential competitive advantage—such as height, weight, muscularity, or training environment—are rarely questioned or proffered as the basis for exclusion from women's sports. Women come in many shapes and sizes. If we wouldn't exclude a woman from sport because she was born with a tall body, or a strong body, or other attributes that might provide an asset on the field, then it is not necessary to exclude a woman because she was born with a male body.

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<https://www.transathlete.com/>

<http://transhealth.ucsf.edu/>